

Section : **Psychology**

Q.1 Identify the psychologist who mentioned intelligence as the ability to judge well, understand well and reason well.

- (1) J.P. Das
- (2) Wechsler
- (3) Alfred Binet
- (4) Howard Gardner

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010171**

Option 1 ID : **54025040681**

Option 2 ID : **54025040682**

Option 3 ID : **54025040683**

Option 4 ID : **54025040684**

Status : **Not Answered**

Chosen Option : --

Q.2 This type of reinforcement refers to pairing an un-desired response with an unpleasant consequence

- (1) Aversive conditioning
- (2) Positive Reinforcement
- (3) Negative Reinforcement
- (4) Classical conditioning

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010192**

Option 1 ID : **54025040765**

Option 2 ID : **54025040766**

Option 3 ID : **54025040767**

Option 4 ID : **54025040768**

Status : **Answered**

Chosen Option : **1**

Q.3 Find out mental age of a 14 year old girl, Radhika with an IQ of 100

- (1) 12 years
- (2) 10 years
- (3) 16 years
- (4) 14 years

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010173**

Option 1 ID : **54025040689**

Option 2 ID : **54025040690**

Option 3 ID : **54025040691**

Option 4 ID : **54025040692**

Status : **Answered**

Chosen Option : **4**

Q.4 Which of the following are positive effects of television on behaviour ?

- (1) It provides a large amount of infotainment in an attractive form
- (2) It affects childrens ability to concentrate
- (3) It affects the aggression and violence level of viewers
- (4) It has led to consumerism

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010208**

Option 1 ID : **54025040829**

Option 2 ID : **54025040830**

Option 3 ID : **54025040831**

Option 4 ID : **54025040832**

Status : **Answered**

Chosen Option : **1**

Q.5 Client - centered therapy was given by _____.

- (1) Sigmund Freud
- (2) Carl Jung
- (3) Carl Rogers
- (4) Fritz Perls

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010193**

Option 1 ID : **54025040769**

Option 2 ID : **54025040770**

Option 3 ID : **54025040771**

Option 4 ID : **54025040772**

Status : **Answered**

Chosen Option : **4**

Q.6 A mental structure that provides a framework, set of rules or guidelines for processing information about any object is called _____.

- (1) Prototypes
- (2) Stereotypes
- (3) Attributes
- (4) Schema

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010199**

Option 1 ID : **54025040793**

Option 2 ID : **54025040794**

Option 3 ID : **54025040795**

Option 4 ID : **54025040796**

Status : **Answered**

Chosen Option : **3**

Q.7 Arrange the following work in the field of intelligence in terms of timeline (earliest to latest).

- (A) Two factor theory by Spearman
- (B) PASS model by Das, Naglieri and Kirby
- (C) Attempt to measure intelligence by Binet and Simon
- (D) Concept of IQ proposed by William Stern.

Choose the **correct** answer from the options given below :

- (1) (B), (C), (D), (A)
- (2) (C), (D), (A), (B)
- (3) (A), (B), (C), (D)
- (4) (D), (C), (A), (B)

Options

- 1. 1
- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010175**

Option 1 ID : **54025040697**

Option 2 ID : **54025040698**

Option 3 ID : **54025040699**

Option 4 ID : **54025040700**

Status : **Not Answered**

Chosen Option : --

Q.8 Attitude or belief that contains 'should' or 'ought' aspect is called -

- (1) Prejudice
- (2) Stereotype
- (3) Value
- (4) Affect

Options

- 1. 1
- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010202**

Option 1 ID : **54025040805**

Option 2 ID : **54025040806**

Option 3 ID : **54025040807**

Option 4 ID : **54025040808**

Status : **Answered**

Chosen Option : **3**

Q.9 Each society has _____, which are stated or unstated rules for proper conduct.

- (1) Well being
- (2) Maladaptive
- (3) Culture
- (4) Norms

Options

- 1. 1
- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010189**

Option 1 ID : **54025040753**

Option 2 ID : **54025040754**

Option 3 ID : **54025040755**

Option 4 ID : **54025040756**

Status : **Answered**

Chosen Option : **4**

Q.10 Which of the following is **NOT** a reason for people to join groups ?

- (1) Security
- (2) Self-Esteem
- (3) Status
- (4) Connection

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010204**

Option 1 ID : **54025040813**

Option 2 ID : **54025040814**

Option 3 ID : **54025040815**

Option 4 ID : **54025040816**

Status : **Answered**

Chosen Option : **2**

Q.11 What does 'A' stand for under A-B-C components of Attitude ?

- (1) Apperception
- (2) Aptitude
- (3) Ability
- (4) Affective

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010201**

Option 1 ID : **54025040801**

Option 2 ID : **54025040802**

Option 3 ID : **54025040803**

Option 4 ID : **54025040804**

Status : **Answered**

Chosen Option : **3**

Q.12 Rita keeps organizing her room the whole day. This keeps her anxious and distracted in class. Such symptoms are typical of which disorder?

- (1) Agoraphobia
- (2) Bipolar disorder
- (3) Obsessive compulsive and Related Disorders
- (4) Generalized anxiety disorders.

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010181**

Option 1 ID : **54025040721**

Option 2 ID : **54025040722**

Option 3 ID : **54025040723**

Option 4 ID : **54025040724**

Status : **Answered**

Chosen Option : **3**

Q.13 Match List - I with List - II.

List - I

- (A) Factor Analysis
- (B) Cardinal - Traits
- (C) Inferiority complex
- (D) Conscientiousness

List - II

- (I) Gordon Allport
- (II) Paul Costa and Robert McCrae
- (III) Raymond Cattell
- (IV) Alfred Adler

Choose the **correct** answer from the options given below :

- (1) (A)-(III), (B)-(I), (C)-(IV), (D)-(II)
- (2) (A)-(I), (B)-(III), (C)-(IV), (D)-(II)
- (3) (A)-(IV), (B)-(I), (C)-(II), (D)-(III)
- (4) (A)-(II), (B)-(IV), (C)-(III), (D)-(I)

Options

- 1. 1
- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010180**

Option 1 ID : **54025040717**

Option 2 ID : **54025040718**

Option 3 ID : **54025040719**

Option 4 ID : **54025040720**

Status : **Answered**

Chosen Option : **1**

Q.14 Which of the below given combination is true for a therapeutic relationship ?

- (A) Sympathy is same as empathy and intellectual understanding of another person's situation.
- (B) The contractual nature is between three individuals.
- (C) It is warm and non-judgemental in nature.
- (D) Empathy enriches the therapeutic relationship and transforms it into a healing relationship.
- (E) It is a trusting and a confiding relationship.

Choose the **correct** answer from the options given below :

- (1) (C), (D) and (E) Only
- (2) (A), (B) and (C) Only
- (3) (C), (E) and (A) Only
- (4) (D), (A) and (B) Only

Options

- 1. 1
- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010197**

Option 1 ID : **54025040785**

Option 2 ID : **54025040786**

Option 3 ID : **54025040787**

Option 4 ID : **54025040788**

Status : **Answered**

Chosen Option : **1**

Q.15 According to the _____ approach abnormal behaviour is caused by inadequacies of thought, feelings and perception.

- (1) Organic
- (2) Organismic
- (3) Psychological
- (4) Socio-cultural

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010184**

Option 1 ID : **54025040733**

Option 2 ID : **54025040734**

Option 3 ID : **54025040735**

Option 4 ID : **54025040736**

Status : **Answered**

Chosen Option : **4**

Q.16 While lifting the table in the classroom, you observe one child becomes a free rider and puts less effort. This is due to _____.

- (1) Group polarisation
- (2) Compliance
- (3) Social loafing
- (4) Conformity

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010206**

Option 1 ID : **54025040821**

Option 2 ID : **54025040822**

Option 3 ID : **54025040823**

Option 4 ID : **54025040824**

Status : **Answered**

Chosen Option : **1**

Q.17 A person with mild intellectual disability would display which of the given social skills ?

- (1) Capable of making friends but difficulty in social situations.
- (2) Has friends, can learn to adjust quickly.
- (3) Not capable of having real friends.
- (4) No social interactions

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010185**

Option 1 ID : **54025040737**

Option 2 ID : **54025040738**

Option 3 ID : **54025040739**

Option 4 ID : **54025040740**

Status : **Answered**

Chosen Option : **1**

Q.18 According to Psychologists the understanding of Well Being includes-

- (1) Growth and fulfilment along with maintenance and survival
- (2) Maintenance and survival along with happiness and love
- (3) Happiness and love along with growth and fulfilment
- (4) Maintenance and happiness along with growth and fulfilment

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010182**

Option 1 ID : **54025040725**

Option 2 ID : **54025040726**

Option 3 ID : **54025040727**

Option 4 ID : **54025040728**

Status : **Answered**

Chosen Option : **4**

Q.19 Pro-social behaviour is very similar to _____.

- (1) Altruism
- (2) Prejudice
- (3) Empathy
- (4) Sympathy

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010200**

Option 1 ID : **54025040797**

Option 2 ID : **54025040798**

Option 3 ID : **54025040799**

Option 4 ID : **54025040800**

Status : **Answered**

Chosen Option : **1**

Q.20 _____ involves the ability of counsellor to reflect on what the client says and feels using different words.

- (1) Empathy
- (2) Paraphrasing
- (3) Authenticity
- (4) Unconditional Positive Regard

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010210**

Option 1 ID : **54025040837**

Option 2 ID : **54025040838**

Option 3 ID : **54025040839**

Option 4 ID : **54025040840**

Status : **Answered**

Chosen Option : **1**

Q.21 Identify the therapy that adopts bio-psychosocial approach to the delineation of psychopathology and combines cognitive therapy with behavioral techniques.

- (1) Gestalt therapy
- (2) Cognitive behaviour therapy
- (3) Client-centred therapy
- (4) Alternative therapy

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010194**

Option 1 ID : **54025040773**

Option 2 ID : **54025040774**

Option 3 ID : **54025040775**

Option 4 ID : **54025040776**

Status : **Answered**

Chosen Option : **2**

Q.22 Arrange in order of occurrence the following statements - related to Substance Related and addictive disorders.

- (A) Their body then builds up a tolerance for alcohol.
- (B) People who abuse alcohol drink large amounts regularly.
- (C) They also experience withdrawal symptoms when they stop drinking.
- (D) Eventually the drinking interferes with the social behaviour and ability to think.
- (E) Substance related and addictive disorders include abuse of alcohol, cocaine, tobacco and many things.

Choose the **correct** answer from the options given below :

- (1) (E), (B), (D), (A), (C)
- (2) (C), (E), (D), (B), (A)
- (3) (A), (B), (C), (D), (E)
- (4) (B), (C), (A), (D), (E)

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010196**

Option 1 ID : **54025040781**

Option 2 ID : **54025040782**

Option 3 ID : **54025040783**

Option 4 ID : **54025040784**

Status : **Not Answered**

Chosen Option : **--**

Q.23 _____ is a self-report measure which can be used to diagnose hypochondriasis, depression, mania, psychasthenia, hysteria and social introversion.

- (1) Eysenck Personality Questionnaire (EPQ)
- (2) Sixteen Personality Factor Questionnaire (16 PF)
- (3) Sentence Completion Test
- (4) The Minnesota Multiphasic Personality Inventory-2 (MMPI-2)

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010178**

Option 1 ID : **54025040709**

Option 2 ID : **54025040710**

Option 3 ID : **54025040711**

Option 4 ID : **54025040712**

Status : **Answered**

Chosen Option : **4**

Q.24 What is the correct sequence (order) of the psychosexual stages of development proposed by Freud ?

- (A) Phallic
- (B) Genital
- (C) Oral
- (D) Latency
- (E) Anal

Choose the **correct** answer from the options given below :

- (1) (E), (B), (A), (C), (D)
- (2) (C), (E), (A), (D), (B)
- (3) (B), (D), (E), (C), (A)
- (4) (A), (B), (C), (D), (E)

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010179**

Option 1 ID : **54025040713**

Option 2 ID : **54025040714**

Option 3 ID : **54025040715**

Option 4 ID : **54025040716**

Status : **Answered**

Chosen Option : **4**

Q.25 Match List - I with List - II.

List - I

- (A) Group test
- (B) Culture fair
- (C) Verbal test
- (D) Performance test

List - II

- (I) Can be applied meaningfully to all cultures
- (II) Can be administered to several persons simultaneously
- (III) Requires verbal response in either oral or written form
- (IV) Requires subject to manipulate objects to perform a task.

Choose the **correct** answer from the options given below :

- (1) (A)-(IV), (B)-(III), (C)-(II), (D)-(I)
- (2) (A)-(III), (B)-(II), (C)-(I), (D)-(IV)
- (3) (A)-(II), (B)-(I), (C)-(III), (D)-(IV)
- (4) (A)-(II), (B)-(I), (C)-(IV), (D)-(III)

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010177**

Option 1 ID : **54025040705**

Option 2 ID : **54025040706**

Option 3 ID : **54025040707**

Option 4 ID : **54025040708**

Status : **Answered**

Chosen Option : **3**

Q.26 _____ intelligence refers to the abilities involved in forming, using and transforming mental images. Sailors and surgeons are high on this intelligence.

- (1) Naturalistic
- (2) Interpersonal
- (3) Spatial
- (4) Bodily Kinaesthetic

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010172**

Option 1 ID : **54025040685**

Option 2 ID : **54025040686**

Option 3 ID : **54025040687**

Option 4 ID : **54025040688**

Status : **Answered**

Chosen Option : **3**

Q.27 Heredity can best be viewed as something that sets a _____ within an individuals development supported by opportunities in one's environment.

- (1) Scale
- (2) Fraction
- (3) Approach
- (4) Range

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010174**

Option 1 ID : **54025040693**

Option 2 ID : **54025040694**

Option 3 ID : **54025040695**

Option 4 ID : **54025040696**

Status : **Answered**

Chosen Option : **4**

Q.28 _____ disorder involves a person having persistent body related symptoms which may or may not be related to any serious medical condition.

- (1) Illness anxiety disorder
- (2) Somatic symptom disorder
- (3) Conversion disorder
- (4) Post-Traumatic stress disorder

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010188**

Option 1 ID : **54025040749**

Option 2 ID : **54025040750**

Option 3 ID : **54025040751**

Option 4 ID : **54025040752**

Status : **Answered**

Chosen Option : **1**

Q.29 According to Fritz Heider's concept of balance, described in the form of P-O-X triangle, attitude change occurs when -

- (A) When all three sides of P-O-X triangle are negative.
- (B) When all three sides are positive.
- (C) When two sides are positive and one negative.
- (D) When two sides are negative and one is positive.
- (E) When there is no relation between any side.

Choose the **correct** answer from the options given below :

- (1) (A) and (B) Only
- (2) (B) and (D) Only
- (3) (D) and (E) Only
- (4) (A) and (C) Only

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010203**

Option 1 ID : **54025040809**

Option 2 ID : **54025040810**

Option 3 ID : **54025040811**

Option 4 ID : **54025040812**

Status : **Answered**

Chosen Option : **4**

Q.30 Match List - I with List - II.

List - I

- (A) Alogia
- (B) Avolition
- (C) Neologism
- (D) Hallucinations

List - II

- (I) Inability to start or complete a course of action
- (II) Perceptions that occur in the absence of external stimuli
- (III) Poverty of speech
- (IV) Inventing new words or phrases

Choose the **correct** answer from the options given below :

- (1) (A)-(I), (B)-(III), (C)-(IV), (D)-(II)
- (2) (A)-(IV), (B)-(II), (C)-(I), (D)-(III)
- (3) (A)-(III), (B)-(I), (C)-(IV), (D)-(II)
- (4) (A)-(II), (B)-(IV), (C)-(III), (D)-(I)

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010191**

Option 1 ID : **54025040761**

Option 2 ID : **54025040762**

Option 3 ID : **54025040763**

Option 4 ID : **54025040764**

Status : **Not Answered**

Chosen Option : **--**

Q.31 Tuckman suggested that groups pass through 5 stages of group formation. Arrange the following in correct order.

- (A) Storming
- (B) Norming
- (C) Adjourning
- (D) Forming
- (E) Performing

Choose the **correct** answer from the options given below :

- (1) (D), (A), (B), (E), (C)
- (2) (D), (A), (B), (C), (E)
- (3) (B), (D), (A), (E), (C)
- (4) (B), (A), (D), (E), (C)

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010205**

Option 1 ID : **54025040817**

Option 2 ID : **54025040818**

Option 3 ID : **54025040819**

Option 4 ID : **54025040820**

Status : **Not Answered**

Chosen Option : --

Q.32 Which of these are characteristics of gifted children ?

- (A) Advanced level of original and creative thinking.
- (B) No preference for solitary academic activities for long periods.
- (C) Independent and non-conformist thinking.
- (D) Superior generalisation and discrimination ability.
- (E) Low level of intrinsic motivation and low self-esteem.

Choose the **correct** answer from the options given below :

- (1) (A), (C) and (D) Only
- (2) (B), (A) and (C) Only
- (3) (B), (C) and (D) Only
- (4) (E), (C) and (A) Only

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010176**

Option 1 ID : **54025040701**

Option 2 ID : **54025040702**

Option 3 ID : **54025040703**

Option 4 ID : **54025040704**

Status : **Answered**

Chosen Option : 1

Q.33 With respect to historical background of psychological disorders arrange the following in sequence of historical occurrence :

- (A) Interactional approach
- (B) Renaissance period
- (C) Organismic approach
- (D) Reason and enlightenment age
- (E) Middle Ages

Choose the **correct** answer from the options given below :

- (1) (C), (E), (B), (D), (A)
- (2) (C), (B), (D), (A), (E)
- (3) (B), (C), (A), (E), (D)
- (4) (A), (B), (C), (D), (E)

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010190**

Option 1 ID : **54025040757**

Option 2 ID : **54025040758**

Option 3 ID : **54025040759**

Option 4 ID : **54025040760**

Status : **Not Answered**

Chosen Option : --

Q.34 Jagan is an influential community leader of a minority community in his small town. He preaches that girls should be courageous and says that parents of all girls should have a progressive mindset. They should let their daughters make choices for themselves.

However he did not let girls in his family do so as he believed girls are not safe outside their homes. He married off his daughter at the age of 14. This shows that

- (1) Behaviour follows attitudes
- (2) Attitudes are congruent with behaviours
- (3) Changing attitudes is important
- (4) An individual's attitude may not always be exhibited through behaviour

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010198**

Option 1 ID : **54025040789**

Option 2 ID : **54025040790**

Option 3 ID : **54025040791**

Option 4 ID : **54025040792**

Status : **Answered**

Chosen Option : **4**

Q.35 The neuro-transmitter linked with anxiety disorders is :

- (1) Dopamine
- (2) Serotonin
- (3) Gamma aminobutyric acid
- (4) Adrenaline

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010186**

Option 1 ID : **54025040741**

Option 2 ID : **54025040742**

Option 3 ID : **54025040743**

Option 4 ID : **54025040744**

Status : **Answered**

Chosen Option : **1**

Q.36 ODD is an abbreviation for :-

- (1) Obsessive Deficit Disorder
- (2) Obedience Defiant Disorder
- (3) Oppositional Deficit Disorder
- (4) Oppositional Defiant Disorder

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010187**

Option 1 ID : **54025040745**

Option 2 ID : **54025040746**

Option 3 ID : **54025040747**

Option 4 ID : **54025040748**

Status : **Answered**

Chosen Option : **1**

Q.37 Your country has won the match and it is a moment of pride. Members who were playing were mutually accountable for their activities. This is the best eg. of _____.

- (1) Group
- (2) Team
- (3) Secondary groups
- (4) Ingroup

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010207**

Option 1 ID : **54025040825**

Option 2 ID : **54025040826**

Option 3 ID : **54025040827**

Option 4 ID : **54025040828**

Status : **Answered**

Chosen Option : **2**

Q.38 Match List - I with List - II.

List - I

- (A) Intimate Distance
- (B) Personal Distance
- (C) Social Distance
- (D) Public Distance

List - II

- (I) 10 feet to infinity
- (II) upto 18 inches
- (III) 18 inches to 4 feet
- (IV) 4 to 10 feet

Choose the **correct** answer from the options given below :

- (1) (A)-(I), (B)-(II), (C)-(III), (D)-(IV)
- (2) (A)-(III), (B)-(II), (C)-(IV), (D)-(I)
- (3) (A)-(II), (B)-(III), (C)-(IV), (D)-(I)
- (4) (A)-(IV), (B)-(III), (C)-(II), (D)-(I)

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010209**

Option 1 ID : **54025040833**

Option 2 ID : **54025040834**

Option 3 ID : **54025040835**

Option 4 ID : **54025040836**

Status : **Answered**

Chosen Option : **1**

Q.39 'Systematic desensitisation' is a technique used to treat :

- (1) Phobias
- (2) Depression
- (3) Schizophrenia
- (4) Bipolar disorder

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010195**

Option 1 ID : **54025040777**

Option 2 ID : **54025040778**

Option 3 ID : **54025040779**

Option 4 ID : **54025040780**

Status : **Not Answered**

Chosen Option : **--**

- Q.40** In Dissociative Amnesia the person experiences -
- (1) A loss of memory of all past and future events
 - (2) A loss of memory of all past events
 - (3) A loss of memory of all future events
 - (4) A loss of memory of selective events, people, places or objects

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010183**

Option 1 ID : **54025040729**

Option 2 ID : **54025040730**

Option 3 ID : **54025040731**

Option 4 ID : **54025040732**

Status : **Answered**

Chosen Option : **2**

Q.41 Read the case mentioned below and answer the question :

Rahman is a successful boy, who lives in Mumbai. He is very fond of junk food but he realised that eating junk food has many ill-effects on his health. He read in a newspaper that one can control his/her eating habits in order to reach long term goals in life. After reading this article on "Healthify Life" in the newspaper, he adopted a few effective mechanisms in his own lifestyle.

He selected all necessary information about the ideal weight and body mass index and found out his extra weight that is required to be shed off with immediate effect.

He started self introspection and instructed himself about the changed diet plan and work out schedule.

He kept a self reward policy wherein he could reward his own efforts towards weight loss journey and got extra happiness with each pleasant outcome.

After applying these changes in his life, Rahman reduced his body weight and gained some extra confidence, esteem and happiness in life.

Which aspect of human behaviour is stressed upon in this case study ?

- (1) Personality
- (2) Self Regulation
- (3) Self Worth
- (4) Self Confidence

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010211**

Option 1 ID : **54025040841**

Option 2 ID : **54025040842**

Option 3 ID : **54025040843**

Option 4 ID : **54025040844**

Status : **Answered**

Chosen Option : **3**

Q.42 Read the case mentioned below and answer the question :

Rahman is a successful boy, who lives in Mumbai. He is very fond of junk food but he realised that eating junk food has many ill-effects on his health. He read in a newspaper that one can control his/her eating habits in order to reach long term goals in life. After reading this article on "Healthify Life" in the newspaper, he adopted a few effective mechanisms in his own lifestyle.

He selected all necessary information about the ideal weight and body mass index and found out his extra weight that is required to be shed off with immediate effect.

He started self introspection and instructed himself about the changed diet plan and work out schedule.

He kept a self reward policy wherein he could reward his own efforts towards weight loss journey and got extra happiness with each pleasant outcome.

After applying these changes in his life, Rahman reduced his body weight and gained some extra confidence, esteem and happiness in life.

Rehman learnt to delay or defer the gratification of his need to consume junk food. This is called _____.

- (1) Self-regulation
- (2) Self-control
- (3) Self-observation
- (4) Self-reinforcement

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010212**

Option 1 ID : **54025040845**

Option 2 ID : **54025040846**

Option 3 ID : **54025040847**

Option 4 ID : **54025040848**

Status : **Answered**

Chosen Option : **1**

Q.43 Read the case mentioned below and answer the question :

Rahman is a successful boy, who lives in Mumbai. He is very fond of junk food but he realised that eating junk food has many ill-effects on his health. He read in a newspaper that one can control his/her eating habits in order to reach long term goals in life. After reading this article on "Healthify Life" in the newspaper, he adopted a few effective mechanisms in his own lifestyle.

He selected all necessary information about the ideal weight and body mass index and found out his extra weight that is required to be shed off with immediate effect.

He started self introspection and instructed himself about the changed diet plan and work out schedule.

He kept a self reward policy wherein he could reward his own efforts towards weight loss journey and got extra happiness with each pleasant outcome.

After applying these changes in his life, Rahman reduced his body weight and gained some extra confidence, esteem and happiness in life.

Which technique is used by Rehman, when he gathers all relevant information to achieve his target, in reference to the behavioural aspect of his self ?

- (1) Self focus approach
- (2) Observation of own behaviour
- (3) Self motivation
- (4) Self obsessed

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010213**

Option 1 ID : **54025040849**

Option 2 ID : **54025040850**

Option 3 ID : **54025040851**

Option 4 ID : **54025040852**

Status : **Answered**

Chosen Option : **3**

Q.44 Read the case mentioned below and answer the question :

Rahman is a successful boy, who lives in Mumbai. He is very fond of junk food but he realised that eating junk food has many ill-effects on his health. He read in a newspaper that one can control his/her eating habits in order to reach long term goals in life. After reading this article on "Healthify Life" in the newspaper, he adopted a few effective mechanisms in his own lifestyle.

He selected all necessary information about the ideal weight and body mass index and found out his extra weight that is required to be shed off with immediate effect.

He started self introspection and instructed himself about the changed diet plan and work out schedule.

He kept a self reward policy wherein he could reward his own efforts towards weight loss journey and got extra happiness with each pleasant outcome.

After applying these changes in his life, Rahman reduced his body weight and gained some extra confidence, esteem and happiness in life.

With reference to case study, even when Rahman has all means to eat junk food but he behaved the way he wanted to. Through which technique could this be made possible in this case study ?

- (1) Making small goals
- (2) Relevant information
- (3) Self instruction
- (4) Distraction

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010214**

Option 1 ID : **54025040853**

Option 2 ID : **54025040854**

Option 3 ID : **54025040855**

Option 4 ID : **54025040856**

Status : **Not Answered**

Chosen Option : --

Q.45 Read the case mentioned below and answer the question :

Rahman is a successful boy, who lives in Mumbai. He is very fond of junk food but he realised that eating junk food has many ill-effects on his health. He read in a newspaper that one can control his/her eating habits in order to reach long term goals in life. After reading this article on "Healthify Life" in the newspaper, he adopted a few effective mechanisms in his own lifestyle.

He selected all necessary information about the ideal weight and body mass index and found out his extra weight that is required to be shed off with immediate effect.

He started self introspection and instructed himself about the changed diet plan and work out schedule.

He kept a self reward policy wherein he could reward his own efforts towards weight loss journey and got extra happiness with each pleasant outcome.

After applying these changes in his life, Rahman reduced his body weight and gained some extra confidence, esteem and happiness in life.

The various psychological techniques of self-control are :-

- (A) Observation of own behaviour
- (B) Self instruction
- (C) Self reinforcement
- (D) Self-esteem
- (E) Systematic desensitisation

Choose the **correct** answer from the options given below :

- (1) (A), (B) and (C) Only
- (2) (B), (C) and (D) Only
- (3) (C), (D) and (A) Only
- (4) (D), (B) and (A) Only

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010215**

Option 1 ID : **54025040857**

Option 2 ID : **54025040858**

Option 3 ID : **54025040859**

Option 4 ID : **54025040860**

Status : **Answered**

Chosen Option : 1

Q.46 Read the case carefully and answer the question that follow :

Rahul turned 14 last month. He had a big birthday party and invited all his friends. He likes his school and friends in the society.

Rahul's father works in a big office and has been asked to shift from Delhi to Bangalore. This news has disturbed Rahul and he is showing erratic behaviour and has alienated himself from his friends.

He has frequent mood swings and also gets anxious everytime his parents try to talk about their life in Bangalore.

This news has also led Rahul to skip meals along with disturbed sleep patterns and poor academic performance. His parents don't know how to handle the situation and have been advised by Rahul's class teacher to see the school counsellor.

Based on your reading the passage identify Rahul's source of stress.

- (1) Traumatic events
- (2) Hassles
- (3) Life events
- (4) Environmental stress

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010216**

Option 1 ID : **54025040861**

Option 2 ID : **54025040862**

Option 3 ID : **54025040863**

Option 4 ID : **54025040864**

Status : **Answered**

Chosen Option : **3**

Q.47 Read the case carefully and answer the question that follow :

Rahul turned 14 last month. He had a big birthday party and invited all his friends. He likes his school and friends in the society.

Rahul's father works in a big office and has been asked to shift from Delhi to Bangalore. This news has disturbed Rahul and he is showing erratic behaviour and has alienated himself from his friends.

He has frequent mood swings and also gets anxious everytime his parents try to talk about their life in Bangalore.

This news has also led Rahul to skip meals along with disturbed sleep patterns and poor academic performance. His parents don't know how to handle the situation and have been advised by Rahul's class teacher to see the school counsellor.

The reactions shown by Rahul in response to moving to Bangalore can be classified as -

- (1) Physiological and evaluative apprehension
- (2) Cognitive and emotional
- (3) Behavioural and Physiological
- (4) Emotional and Behavioural

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010217**

Option 1 ID : **54025040865**

Option 2 ID : **54025040866**

Option 3 ID : **54025040867**

Option 4 ID : **54025040868**

Status : **Not Answered**

Chosen Option : **--**

Q.48 Read the case carefully and answer the question that follow :

Rahul turned 14 last month. He had a big birthday party and invited all his friends. He likes his school and friends in the society.

Rahul's father works in a big office and has been asked to shift from Delhi to Bangalore. This news has disturbed Rahul and he is showing erratic behaviour and has alienated himself from his friends.

He has frequent mood swings and also gets anxious everytime his parents try to talk about their life in Bangalore.

This news has also led Rahul to skip meals along with disturbed sleep patterns and poor academic performance. His parents don't know how to handle the situation and have been advised by Rahul's class teacher to see the school counsellor.

Which of the following are sources of stress ?

- (A) Life Events
- (B) Hassles
- (C) Traumatic Events
- (D) Quiet Evenings
- (E) Social gatherings

Choose the **correct** answer from the options given below :

- (1) (A), (B) and (C) Only
- (2) (A), (D) and (E) Only
- (3) (C), (D) and (E) Only
- (4) (A), (B) and (D) Only

Options 1. 1

2. 2

3. 3

4. 4

Question Type : **MCQ**

Question ID : **54025010218**

Option 1 ID : **54025040869**

Option 2 ID : **54025040870**

Option 3 ID : **54025040871**

Option 4 ID : **54025040872**

Status : **Answered**

Chosen Option : **1**

Q.49 Read the case carefully and answer the question that follow :

Rahul turned 14 last month. He had a big birthday party and invited all his friends. He likes his school and friends in the society.

Rahul's father works in a big office and has been asked to shift from Delhi to Bangalore. This news has disturbed Rahul and he is showing erratic behaviour and has alienated himself from his friends.

He has frequent mood swings and also gets anxious everytime his parents try to talk about their life in Bangalore.

This news has also led Rahul to skip meals along with disturbed sleep patterns and poor academic performance. His parents don't know how to handle the situation and have been advised by Rahul's class teacher to see the school counsellor.

Match List - I with List - II.

List - I

- (A) Emotional effects
- (B) Physiological effects
- (C) Cognitive effects
- (D) Behavioural effects

List - II

- (I) Slowing down of digestive system
- (II) Increased intake of stimulants
- (III) Decreasing confidence
- (IV) Faulty decisions

Choose the **correct** answer from the options given below :

- (1) (A)-(IV), (B)-(I), (C)-(III), (D)-(II)
- (2) (A)-(II), (B)-(I), (C)-(IV), (D)-(III)
- (3) (A)-(II), (B)-(I), (C)-(III), (D)-(IV)
- (4) (A)-(III), (B)-(I), (C)-(IV), (D)-(II)

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010219**

Option 1 ID : **54025040873**

Option 2 ID : **54025040874**

Option 3 ID : **54025040875**

Option 4 ID : **54025040876**

Status : **Answered**

Chosen Option : **2**

Q.50 Read the case carefully and answer the question that follow :

Rahul turned 14 last month. He had a big birthday party and invited all his friends. He likes his school and friends in the society.

Rahul's father works in a big office and has been asked to shift from Delhi to Bangalore. This news has disturbed Rahul and he is showing erratic behaviour and has alienated himself from his friends.

He has frequent mood swings and also gets anxious everytime his parents try to talk about their life in Bangalore.

This news has also led Rahul to skip meals along with disturbed sleep patterns and poor academic performance. His parents don't know how to handle the situation and have been advised by Rahul's class teacher to see the school counsellor.

Rahul's psychological stress about relocating would increase the production of which two hormones in his body.

- (1) serotonin and insulin
- (2) cortisol and insulin
- (3) adrenaline and thyroxine
- (4) adrenaline and cortisol

Options 1. 1

- 2. 2
- 3. 3
- 4. 4

Question Type : **MCQ**

Question ID : **54025010220**

Option 1 ID : **54025040877**

Option 2 ID : **54025040878**

Option 3 ID : **54025040879**

Option 4 ID : **54025040880**

Status : **Not Answered**

Chosen Option : **--**